Our 'Shine' Moment...



SCHOOL

All Saints' News

Happy Half Term—here's hoping you all have a well-earned rest and enjoy spending some quality time together. We'll see you back at school on Monday 5th November!

Carol, from Age UK, visited school this week and commented:

"A big thank you for your kind donation to Age UK... An amazing school with lovely children."

Year 6 Residential

What a wonderful experience it was! All of the children had a fantastic time and enjoyed conquering their fears and embracing the challenges they faced. We couldn't be more proud of such a lovely class; fantastic ambassadors for our school. Well done!







Who needs the Great British Bake Off when we have the All Saints' Bake Off?! It's time to get into the kitchen and develop your baking skills at home because, on **Friday 9th November**, Bake Off is coming to our school. Organised by the PTA, we ask that all children wanting to partake in the competition bake **one cupcake** at home following the theme: **Bonfire Night**. Children are to bring their entry into school on the Friday, along with their £1 entry fee, ready for the competition to be judged. Both the KS1 winner and KS2 winner will receive a special prize!

Mia's Mission



Hello, my name is Mia and I am currently in Year 6.

I have recently been selected to be part of a gymnastics team in the World Gymnaestrada that will travel to Austria next year to compete.

I am very excited as you can imagine as gymnastics is my passion and this trip is an amazing opportunity for me; I will be representing Great Britain and will also learn new skills whilst working with other children and coaches from across the world.

My family and I have started fundraising for my trip and I wondered if you would help and support me?

I am hosting a bun sale in the playground on **Friday 26th October**, from **3:30pm**, to help with my fundraising. I will be selling buns for 50p each. Your donations are warmly appreciated.

Clubs

The clubs list for after half term has been sent out and must be returned to school by this Thursday, please. Please remember to pay any outstanding monies before completing the form—thank you.

Baa, baa, black sheep,

have you any wool ...?

Please help!

We are looking for donations of wool to help resource Mrs Siddiqa's knitting club. If you have any spare wool laying around, we would love to take it from you. Thank you.



Mrs Dumbreck, Miss Greenwood or Mr Stuttard on 01422 367140 or email:

head@allsaints.calderdale.sch.uk.

Change4Life is here to help your family be healthy and happy



Be Sugar Smart

Kids are having nearly three times more sugar than they should. Too much sugar is bad for teeth and can lead to weight gain. But don't worry, we have some simple swaps to help you be sugar smart and cut back.

- 1 Sugary drinks are bad for teeth and lead to decay. Swap fizzy drinks, juice drinks and flavoured milks for water, lower-fat milks and no added sugar drinks. Limit fruit juice to no more than 150ml a day and stick to meal times.
- 2 Eating breakfast every day is important, but some breakfast choices have much more sugar than you think. Opt for plain porridge, shredded wholegrain or plain wholewheat biscuit cereals. Help your kids towards their 5 A DAY by adding in chopped fruit.
- Sugary snacks can all add up! Fruit and vegetables are always the best snack. But when choosing packaged snacks, stick to two a day max.







See what's really inside your food and drink

Download our food scanner app for FREE and see for yourself the amount of sugar, salt and saturated fat in everyday food and drinks.

App Store

change 4 Life is here to help.

Search Change4Life and sign up for loads of healthy eating tips, tasty recipes, easy lunchbox ideas, fun activities and much more!



We're on Facebook too and want to hear from you!

1918-2018 First World War Armistice Commemoration

"Lest we forget"

Calling all schools, societies, clubs, craft groups, individuals, everyone!

Create a Poppy!

To be displayed in Halifax Town Hall during Remembrance Week

Poppies can be crafted out of any material: paper, wool, metal, plastic, wood, fabric, glass, clay, etc. Size: to fit on a window sill Bunting will also be welcome

> Exhibits to be judged by The Mayor & Mayoress of Calderdale

Drop your poppies in al the Town Hall on Friday 2nd November 2018 between 5 & 7 pm For more information contact Cllr Marilyn Greenwood 01422 374090

or email councillor.mgreenwood@calderdale.gov.uk

